

# Ras De Cymru Stage Race

# GC After Stage 3

Position	Number	Name	Team / Club	Category	Stage 1 (h:mm:ss)	Stage 2 (h:mm:ss)	Stage 3 (h:mm:ss)	Overall Time (h:mm:ss)	Time Gap (h:mm:ss)
1	81	Colum O'Shea	Team Isle of Man A	3	0:10:53	2:28:18	0:28:36	<b>3:07:47</b>	
2	41	Samuel Jackson	Sprackled	3	0:11:19	2:28:40	0:28:47	<b>3:08:46</b>	<b>0:00:59</b>
2	43	Martin Attwood	Sprackled	2	0:11:19	2:28:40	0:28:47	<b>3:08:46</b>	<b>0:00:59</b>
4	40	Matthew Pilkington	Sprackled	3	0:11:20	2:28:40	0:28:47	<b>3:08:47</b>	<b>0:01:00</b>
5	107	James Cartridge	Team Isle of Man A	3	0:11:38	2:28:40	0:28:36	<b>3:08:54</b>	<b>0:01:07</b>
6	26	Gruffudd Lewis	Ystwyth CC	2	0:11:19	2:28:40	0:28:56	<b>3:08:55</b>	<b>0:01:08</b>
7	25	Jade Wilmot	Ystwyth CC	3	0:11:25	2:28:40	0:28:56	<b>3:09:01</b>	<b>0:01:14</b>
7	106	Christian Varley	Team Isle of Man A	3	0:11:45	2:28:40	0:28:36	<b>3:09:01</b>	<b>0:01:14</b>
9	74	Richard Harris	Cwmcarn Paragon RC	2	0:11:25	2:28:40	0:28:58	<b>3:09:03</b>	<b>0:01:16</b>
10	14	Clive Nicholls	High Wycombe CC	2	0:10:44	2:28:40	0:29:40	<b>3:09:04</b>	<b>0:01:17</b>
11	70	Mike Smith	Team Corley Cycles	2	0:11:01	2:28:40	0:29:27	<b>3:09:08</b>	<b>0:01:21</b>
12	51	Lee Desborough	St Ives CC	2V	0:11:22	2:28:40	0:29:07	<b>3:09:09</b>	<b>0:01:22</b>
13	42	Matthew Theobalds	Sprackled	3	0:11:43	2:28:40	0:28:47	<b>3:09:10</b>	<b>0:01:23</b>
13	75	Hefin Price	Cwmcarn Paragon RC	2	0:11:32	2:28:40	0:28:58	<b>3:09:10</b>	<b>0:01:23</b>
13	109	James Lewis	Cwmcarn Paragon RC	2	0:11:37	2:28:35	0:28:58	<b>3:09:10</b>	<b>0:01:23</b>
16	50	Jamie Caldwell	St Ives CC	2	0:11:26	2:28:40	0:29:07	<b>3:09:13</b>	<b>0:01:26</b>
17	101	Michael Dales	Team Zappi	2	0:11:23	2:28:40	0:29:12	<b>3:09:15</b>	<b>0:01:28</b>
17	53	Malcolm Smith	St Ives CC	2V	0:11:28	2:28:40	0:29:07	<b>3:09:15</b>	<b>0:01:28</b>
19	102	Tavis Walker	Moonglu RT	3	0:10:52	2:28:40	0:29:44	<b>3:09:16</b>	<b>0:01:29</b>
20	52	Mark Thomson	St Ives CC	2	0:11:32	2:28:40	0:29:07	<b>3:09:19</b>	<b>0:01:32</b>
21	27	Murdo Jamieson	Ystwyth CC	2	0:11:45	2:28:40	0:28:56	<b>3:09:21</b>	<b>0:01:34</b>
22	66	Basil Moss	Cambridge CC	2	0:11:12	2:28:13	0:30:01	<b>3:09:26</b>	<b>0:01:39</b>
23	69	Jack Waller	Team Corley Cycles	2J	0:11:25	2:28:40	0:29:27	<b>3:09:32</b>	<b>0:01:45</b>
24	99	Tom Kirk	Team Zappi	2	0:11:47	2:28:40	0:29:12	<b>3:09:39</b>	<b>0:01:52</b>
24	100	Simon James	Team Zappi	4	0:11:27	2:29:00	0:29:12	<b>3:09:39</b>	<b>0:01:52</b>
26	57	Simon Asher	VC Norwich	2	0:11:26	2:28:40	0:29:36	<b>3:09:42</b>	<b>0:01:55</b>
27	83	Marcus Brueton	Norwood Paragon	2	0:11:26	2:28:40	0:29:39	<b>3:09:45</b>	<b>0:01:58</b>
28	17	Adam Bright	Revo Racing	2	0:10:53	2:28:40	0:30:13	<b>3:09:46</b>	<b>0:01:59</b>
28	86	Tim Carter	Virgin Active	2V	0:11:23	2:28:40	0:29:43	<b>3:09:46</b>	<b>0:01:59</b>
30	10	Tim Rose	Abergavenny RC	2	0:11:14	2:28:40	0:29:54	<b>3:09:48</b>	<b>0:02:01</b>
30	60	Mike Auger	VC Norwich	2	0:11:32	2:28:40	0:29:36	<b>3:09:48</b>	<b>0:02:01</b>
32	2	Ian Mitchelson	Moonglu RT	3	0:11:25	2:28:40	0:29:44	<b>3:09:49</b>	<b>0:02:02</b>
33	71	Jake Hales	Team Corley Cycles	2	0:11:44	2:28:40	0:29:27	<b>3:09:51</b>	<b>0:02:04</b>
34	13	Tom Crouch	High Wycombe CC	2	0:11:39	2:28:40	0:29:40	<b>3:09:59</b>	<b>0:02:12</b>
35	37	Jim Ley	Kingston Wheelers	3	0:11:25	2:28:40	0:29:55	<b>3:10:00</b>	<b>0:02:13</b>
36	76	Richard Raymond	Cwmcarn Paragon RC	3	0:11:22	2:28:40	0:30:03	<b>3:10:05</b>	<b>0:02:18</b>
36	108	Dan Sullivan	Norwood Paragon	0	0:11:46	2:28:40	0:29:39	<b>3:10:05</b>	<b>0:02:18</b>
38	36	Luke Wallis	Kingston Wheelers	2	0:11:31	2:28:40	0:29:55	<b>3:10:06</b>	<b>0:02:19</b>
39	87	Will Hilton	Virgin Active	2	0:11:47	2:28:40	0:29:43	<b>3:10:10</b>	<b>0:02:23</b>
40	103	David Crowley	Bad Ass Bikes - Kenda	2	0:11:54	2:28:40	0:29:37	<b>3:10:11</b>	<b>0:02:24</b>
41	68	Simon Henley	Team Corley Cycles	2	0:12:05	2:28:40	0:29:27	<b>3:10:12</b>	<b>0:02:25</b>
42	45	Adam Cairns	Chevin Bang & Olufsen RRT	2	0:11:29	2:28:40	0:30:05	<b>3:10:14</b>	<b>0:02:27</b>
43	20	Ryan Bevis	Bad Ass Bikes - Kenda	3	0:11:58	2:28:40	0:29:37	<b>3:10:15</b>	<b>0:02:28</b>
44	6	John Russell	Bad-Tri/Fredbaker cycles	2V	0:11:21	2:28:40	0:30:16	<b>3:10:17</b>	<b>0:02:30</b>
44	39	Damien Breen	Kingston Wheelers	3	0:11:42	2:28:40	0:29:55	<b>3:10:17</b>	<b>0:02:30</b>
46	98	James Shaw	Team Zappi	2	0:12:26	2:28:40	0:29:13	<b>3:10:19</b>	<b>0:02:32</b>
47	23	Joe Lally	Bad Ass Bikes - Kenda	3	0:12:04	2:28:40	0:29:37	<b>3:10:21</b>	<b>0:02:34</b>
48	9	John Fitzpatrick	Abergavenny RC	2	0:11:50	2:28:40	0:29:54	<b>3:10:24</b>	<b>0:02:37</b>
49	93	Dan Ahearn	DHCyclesport/Colnago	2	0:11:43	2:28:40	0:30:04	<b>3:10:27</b>	<b>0:02:40</b>
50	8	Richard Bowen	Abergavenny RC	3	0:11:54	2:28:40	0:29:54	<b>3:10:28</b>	<b>0:02:41</b>
50	104	Callum Sewell	Chevin Bang & Olufsen RRT	2	0:11:43	2:28:40	0:30:05	<b>3:10:28</b>	<b>0:02:41</b>



## Ras De Cymru Stage Race

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50	65	Thomas Vickery	Cambridge CC	4	0:11:47	2:28:40	0:30:01	<b>3:10:28</b>	<b>0:02:41</b>
53	15	James Norris	High Wycombe CC	3	0:12:10	2:28:40	0:29:40	<b>3:10:30</b>	<b>0:02:43</b>
54	22	Barry Marples	Bad Ass Bikes - Kenda	3	0:12:14	2:28:40	0:29:37	<b>3:10:31</b>	<b>0:02:44</b>
55	90	Philip Peters	DHCyclesport/Colnago	2	0:11:48	2:28:40	0:30:04	<b>3:10:32</b>	<b>0:02:45</b>
56	89	Campbell Noon	Virgin Active	2V	0:11:22	2:28:40	0:30:33	<b>3:10:35</b>	<b>0:02:48</b>
57	11	Guy Stevens	Abergavenny RC	3V	0:12:03	2:28:40	0:29:54	<b>3:10:37</b>	<b>0:02:50</b>
58	29	Will Kemp	OneLife Development Squad	2	0:11:31	2:28:40	0:30:28	<b>3:10:39</b>	<b>0:02:52</b>
59	4	Ernest Dennis	Bad-Tri/Fredbaker cycles	3V	0:11:57	2:28:40	0:30:16	<b>3:10:53</b>	<b>0:03:06</b>
60	5	Paul Derrick	Bad-Tri/Fredbaker cycles	3	0:11:58	2:28:40	0:30:16	<b>3:10:54</b>	<b>0:03:07</b>
61	18	Steve Davies	Revo Racing	3V	0:12:05	2:28:40	0:30:13	<b>3:10:58</b>	<b>0:03:11</b>
62	110	Justin Harcourt	Spirit Racing	3	0:12:06	2:28:40	0:30:19	<b>3:11:05</b>	<b>0:03:18</b>
63	47	Michael Knight	Chevin Bang & Olufsen RRT	J	0:12:25	2:28:40	0:30:05	<b>3:11:10</b>	<b>0:03:23</b>
64	95	Ben Simmons	Wiggle Ltd	2	0:11:33	2:28:40	0:31:05	<b>3:11:18</b>	<b>0:03:31</b>
65	33	Nils Gustafson	Inverse Racing UK	3	0:12:03	2:28:40	0:30:39	<b>3:11:22</b>	<b>0:03:35</b>
66	88	Ian Holmes	Virgin Active	3V	0:11:54	2:29:50	0:29:43	<b>3:11:27</b>	<b>0:03:40</b>
67	92	Tim Benham	DHCyclesport/Colnago	2V	0:11:57	2:28:40	0:30:57	<b>3:11:34</b>	<b>0:03:47</b>
68	34	Tom Neale	Inverse Racing UK	2J	0:12:26	2:28:40	0:30:39	<b>3:11:45</b>	<b>0:03:58</b>
69	67	Tim Williams	Cambridge CC	3	0:12:03	2:28:40	0:31:13	<b>3:11:56</b>	<b>0:04:09</b>
70	56	Neil Baxter	Endure, Thule, 24/7, MI racing	3	0:12:10	2:28:40	0:31:29	<b>3:12:19</b>	<b>0:04:32</b>
71	55	Paul Mace	Endure, Thule, 24/7, MI racing	2	0:12:20	2:28:40	0:31:29	<b>3:12:29</b>	<b>0:04:42</b>
72	49	Freddie Clark	Spirit Racing	2	0:12:38	2:29:50	0:30:19	<b>3:12:47</b>	<b>0:05:00</b>
73	97	Peter Kitching	Wiggle Ltd	2	0:12:03	2:29:50	0:31:05	<b>3:12:58</b>	<b>0:05:11</b>
74	48	Sam Lawson	Spirit Racing	2	0:11:40	2:31:02	0:30:19	<b>3:13:01</b>	<b>0:05:14</b>
75	7	Brian Wilson	Bad-Tri/Fredbaker cycles	2	0:12:02	2:29:14	0:31:58	<b>3:13:14</b>	<b>0:05:27</b>
76	19	Mark Davies	Revo Racing	3	0:12:42	2:31:37	0:30:13	<b>3:14:32</b>	<b>0:06:45</b>
77	30	Brock Duncumb Roger	OneLife Development Squad	2J	0:12:23	2:31:57	0:30:28	<b>3:14:48</b>	<b>0:07:01</b>
78	91	Andrew Bryson	DHCyclesport/Colnago	2	0:11:48	2:33:41	0:30:04	<b>3:15:33</b>	<b>0:07:46</b>
79	96	Jon Cannings	Wiggle Ltd	2	0:11:46	2:33:41	0:31:05	<b>3:16:32</b>	<b>0:08:45</b>
80	31	Charlie Fawke	OneLife Development Squad	3J	0:12:20	2:34:13	0:30:28	<b>3:17:01</b>	<b>0:09:14</b>
81	32	Jason Evans	Inverse Racing UK	3	0:11:56	2:39:28	0:30:39	<b>3:22:03</b>	<b>0:14:16</b>
82	54	Pete Smith	Endure, Thule, 24/7, MI racing	2V	0:12:01	2:39:28	0:31:29	<b>3:22:58</b>	<b>0:15:11</b>
83	82	Simon Coles	Norwood Paragon	2	0:11:27	2:45:38	0:29:39	<b>3:26:44</b>	<b>0:18:57</b>
84	59	Neil Vaughan	VC Norwich	3V	0:11:44	2:45:38	0:29:36	<b>3:26:58</b>	<b>0:19:11</b>
85	64	Eric Gowland	Cambridge CC	2	0:12:13	2:45:38	0:30:01	<b>3:27:52</b>	<b>0:20:05</b>
86	35	David Evans	Inverse Racing UK	3	0:12:10	2:46:38	0:30:42	<b>3:29:30</b>	<b>0:21:43</b>
87	61	Stefan Pantos	Bedfordshire Road Cycling Club	3	0:12:25	2:44:41	0:32:56	<b>3:30:02</b>	<b>0:22:15</b>
88	44	Ben Goddard	Chevin Bang & Olufsen RRT	2	0:13:38	2:45:38	0:33:08	<b>3:32:24</b>	<b>0:24:37</b>
89	28	Jake Martin	OneLife Development Squad	2J	0:11:06	2:44:41	0:36:38	<b>3:32:25</b>	<b>0:24:38</b>
90	58	Stuart Goodwin	VC Norwich	4	0:12:16	2:45:38	0:34:41	<b>3:32:35</b>	<b>0:24:48</b>
91	38	Maryka Sennema	Kingston Wheelers	2W	0:12:28	2:51:00	0:30:51	<b>3:34:19</b>	<b>0:26:32</b>
92	84	Paul McGuigan	Norwood Paragon	3	0:11:59	2:51:00	0:32:44	<b>3:35:43</b>	<b>0:27:56</b>
93	105	Christiaan Smith	Spirit Racing	3	0:11:53	2:53:46	0:30:19	<b>3:35:58</b>	<b>0:28:11</b>
94	62	Paul Ambrose	Bedfordshire Road Cycling Club	4	0:12:21	2:53:46	0:32:56	<b>3:39:03</b>	<b>0:31:16</b>
95	1	Chris Dransfield	Moonglu RT	3	0:12:19	2:57:23	0:29:44	<b>3:39:26</b>	<b>0:31:39</b>
96	16	Daniel Haydon	Revo Racing	4	0:12:53	2:56:13	0:31:29	<b>3:40:35</b>	<b>0:32:48</b>
97	94	Richard Pearman	Wiggle Ltd	2	0:12:48	2:56:13	0:33:04	<b>3:42:05</b>	<b>0:34:18</b>
98	12	Gareth Batson	High Wycombe CC	3	0:12:18	2:55:28	0:44:25	<b>3:52:11</b>	<b>0:44:24</b>
	24	Daniel Thorogood	Ystwyth CC	4V	0:11:37	2:28:40	dns	dns	
	63	Andrew Paisley	Bedfordshire Road Cycling Club	3	0:12:04	2:56:41	dns	dns	
	78	Tom Black	Team Isle of Man A	2	0:11:03	2:28:40	dns	dns	