

Ras De Cymru Stage Race

GC After Stage 4

Position	Number	Name	Team / Club	Category	Stage 1 (h:mm:ss)	Stage 2 (h:mm:ss)	Stage 3 (h:mm:ss)	Stage 4 (h:mm:ss)	Overall Time (h:mm:ss)	Time Gap (h:mm:ss)
	69	Steve Calland	South Downs Bikes	2Sen	0:12:17	2:15:35	2:03:43	0:25:47	4:57:22	
2	87	Jamie Howard	Team South West	2Sen	0:12:09	2:15:40	2:03:47	0:26:16	4:57:52	0:00:30
3	82	Jack Waller	Team Corley Cycles Composite	2Sen	0:12:41	2:16:01	2:03:47	0:25:38	4:58:07	0:00:45
4	101	Gruff Lewis	Team Wallis Composite	2Sen	0:12:09	2:15:49	2:03:47	0:26:23	4:58:08	0:00:46
5	28	Alex Peters	Eastern Region	2Jun	0:12:23	2:17:40	2:02:15	0:25:57	4:58:15	0:00:53
6	81	Liam Stones	Team Corley Cycles Composite	2Sen	0:12:40	2:17:46	2:02:20	0:25:38	4:58:24	0:01:02
7	15	David Saunders	Climb on Bikes RT	2Sen	0:12:49	2:16:16	2:03:47	0:25:35	4:58:27	0:01:05
8	26	Rhys Howells	Eastern Region	2Sen	0:12:28	2:17:46	2:02:25	0:25:57	4:58:36	0:01:14
9	5	James Cartridge	Adeo Cadence RT	2Sen	0:12:17	2:17:57	2:02:30	0:25:58	4:58:42	0:01:20
10	80	Michael Smith	Team Corley Cycles Composite	2Sen	0:11:50	2:17:40	2:03:43	0:25:38	4:58:51	0:01:29
11	60	Hefin Price	Port Talbot Wheelers	2Sen	0:12:34	2:16:16	2:03:47	0:26:15	4:58:52	0:01:30
12	18	Richard Harris	Cwmcarn Paragon	2Sen	0:12:33	2:15:54	2:03:47	0:26:54	4:59:08	0:01:46
13	8	Tavis Walker	Adeo Cadence RT	1Sen	0:11:31	2:17:57	2:03:47	0:25:58	4:59:13	0:01:51
14	22	Adam French	East London Velo	2Sen	0:12:25	2:17:46	2:03:47	0:25:29	4:59:27	0:02:05
15	24	Jack Steven	East London Velo	2Sen	0:12:23	2:17:55	2:03:47	0:25:29	4:59:34	0:02:12
16	64	Matthew Pilkington	Progressive Cycle Coaching Development Squad	2Sen	0:12:21	2:17:44	2:03:47	0:25:50	4:59:42	0:02:20
17	89	Brennan Townshend	Team South West	2Jun	0:12:02	2:17:46	2:03:43	0:26:16	4:59:47	0:02:25
18	16	Rob Turner	Climb on Bikes RT	3Sen	0:12:58	2:17:46	2:03:43	0:25:35	5:00:02	0:02:40
19	27	Owen Lake	Eastern Region	2Sen	0:12:37	2:17:46	2:03:47	0:25:57	5:00:07	0:02:45
20	71	Simon McNamara	South Downs Bikes	2Sen	0:12:41	2:17:57	2:03:47	0:25:47	5:00:12	0:02:50
21	62	Drew Holmes	Progressive Cycle Coaching Development Squad	2Sen	0:13:03	2:17:40	2:03:43	0:25:50	5:00:16	0:02:54
22	59	Dan Pearson	Port Talbot Wheelers	2Jun	0:12:26	2:17:57	2:03:47	0:26:15	5:00:25	0:03:03
23	79	Simon Henley	Team Corley Cycles Composite	2Sen	0:13:05	2:17:57	2:03:47	0:25:38	5:00:27	0:03:05
23	61	Brock Duncumb Rogers	Progressive Cycle Coaching Development Squad	2Jun	0:12:52	2:17:57	2:03:47	0:25:51	5:00:27	0:03:05
25	65	James Dobbin	Somerset Composite	2Sen	0:12:35	2:17:57	2:03:43	0:26:24	5:00:39	0:03:17
26	44	David Murrell	London Phoenix	2Sen	0:12:27	2:17:57	2:03:47	0:26:32	5:00:43	0:03:21
27	63	Tom Laker	Progressive Cycle Coaching Development Squad	3Jun	0:13:10	2:17:57	2:03:47	0:25:50	5:00:44	0:03:22
28	32	David Griffiths	Team Wallis Composite	2Sen	0:12:48	2:17:57	2:03:47	0:26:23	5:00:55	0:03:33
29	41	Christopher Dick	London Phoenix	2Sen	0:12:44	2:17:57	2:03:47	0:26:32	5:01:00	0:03:38
30	10	Paul Derrick	Bad Tri/Fred Baker Cycles	2Sen	0:12:41	2:17:57	2:03:47	0:26:49	5:01:14	0:03:52
30	67	Toby Eichler	Somerset Composite	1Sen	0:13:06	2:17:57	2:03:47	0:26:24	5:01:14	0:03:52
32	45	Tim Allen	Midlands Composite	2Sen	0:13:06	2:17:46	2:03:43	0:26:44	5:01:19	0:03:57
33	12	John Russell	Bad Tri/Fred Baker Cycles	2Vet40	0:12:52	2:17:57	2:03:47	0:26:49	5:01:25	0:04:03
33	17	Darran Carpenter	Cwmcarn Paragon	2Sen	0:12:51	2:17:57	2:03:43	0:26:54	5:01:25	0:04:03
35	34	Adam Brittain	High Wycombe CC	2Sen	0:12:32	2:17:46	2:03:47	0:27:24	5:01:29	0:04:07
36	46	Carl Dyson	Midlands Composite	2Sen	0:13:02	2:17:57	2:03:47	0:26:44	5:01:30	0:04:08
37	66	Robert Edgell	Somerset Composite	2Sen	0:13:04	2:18:16	2:03:47	0:26:24	5:01:31	0:04:09
38	9	Simon Dawe	Bad Tri/Fred Baker Cycles	3Sen	0:12:59	2:17:57	2:03:47	0:26:49	5:01:32	0:04:10
38	58	Rowan Marshall	Port Talbot Wheelers	3Sen	0:13:33	2:17:57	2:03:47	0:26:15	5:01:32	0:04:10
40	75	Jamie Caldwell	St Ives CC A	2Sen	0:12:43	2:17:44	2:04:32	0:26:49	5:01:48	0:04:26
41	20	Joe Lally	Cwmcarn Paragon	2Sen	0:13:13	2:17:57	2:03:47	0:26:54	5:01:51	0:04:29
42	84	Bevan Humphreys	Team Cyclemart	3Sen	0:13:07	2:17:46	2:03:43	0:27:18	5:01:54	0:04:32
43	102	Daniel Davies	Team Wallis Composite	2Sen	0:12:38	2:17:46	2:05:12	0:26:23	5:01:59	0:04:37
44	76	Paul Fielding	St Ives CC A	2Vet40	0:13:27	2:17:57	2:03:47	0:26:49	5:02:00	0:04:38
45	48	Will Jenkins	Midlands Composite	2Sen	0:13:13	2:18:20	2:03:47	0:26:44	5:02:04	0:04:42

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46	85	James Shaw	Team Cyclmart	3Sen	0:13:05	2:17:57	2:03:47	0:27:18	5:02:07	0:04:45
47	39	Rob Sherwood	Inverse Cyclaim RT	3Sen	0:12:26	2:17:57	2:03:47	0:27:59	5:02:09	0:04:47
48	70	Marc Clothier	South Downs Bikes	2Sen	0:13:02	2:17:57	2:05:32	0:25:47	5:02:18	0:04:56
49	93	Henry Peacock	Team Zappi's	4Sen	0:13:00	2:17:57	2:04:00	0:27:33	5:02:30	0:05:08
50	90	Mike Betts	Team Zappi's	3Sen	0:13:25	2:17:57	2:03:47	0:27:33	5:02:42	0:05:20
51	49	Jacob Clark	Ogmore Valley Wheelers	3Sen	0:12:42	2:18:16	2:03:47	0:28:00	5:02:45	0:05:23
52	74	Tom Neale	Spalding CC	2Jun	0:13:30	2:17:57	2:03:47	0:27:56	5:03:10	0:05:48
53	3	Guy Stevens	Abergavenny RC	3Vet40	0:13:28	2:17:57	2:03:47	0:27:59	5:03:11	0:05:49
54	6	Karl Hine	Adeo Cadence RT	2Sen	0:12:59	2:17:57	2:05:12	0:27:11	5:03:19	0:05:57
55	33	Neil Baxter	High Wycombe CC	3Vet40	0:12:57	2:17:57	2:05:12	0:27:24	5:03:30	0:06:08
56	92	Henry Latimer	Team Zappi's	3Jun	0:12:54	2:17:57	2:05:12	0:27:33	5:03:36	0:06:14
57	54	Patrick O'Brien	Orwell Wheelers CC	3Sen	0:13:18	2:17:57	2:03:47	0:28:35	5:03:37	0:06:15
58	43	Robert Moore	London Phoenix	2Sen	0:12:18	2:17:57	2:06:55	0:26:32	5:03:42	0:06:20
59	42	James Wallace	London Phoenix	2Vet40	0:13:04	2:17:57	2:05:12	0:27:54	5:04:07	0:06:45
60	51	Robert Jones	Ogmore Valley Wheelers	2Sen	0:13:00	2:17:57	2:05:12	0:28:00	5:04:09	0:06:47
61	73	James Hedley-Smith	Spalding CC	4Sen	0:13:29	2:18:16	2:05:12	0:27:56	5:04:53	0:07:31
62	21	David Barnes	East London Velo	1Sen	0:12:37	2:17:57	2:08:51	0:25:29	5:04:54	0:07:32
63	4	Tom Sturdy	Abergavenny RC	4Sen	0:13:14	2:18:31	2:05:12	0:27:59	5:04:56	0:07:34
64	86	Sebastian Baylis	Team South West	39234	0:12:45	2:17:57	2:07:59	0:26:16	5:04:57	0:07:35
65	23	Gonzalo Rodriguez	East London Velo	3Vet40	0:12:46	2:17:57	2:09:25	0:25:29	5:05:37	0:08:15
66	83	Justin Harcourt	Team Cyclmart	2Sen	0:13:05	2:17:57	2:07:45	0:27:18	5:06:05	0:08:43
67	100	Joos Francke	WTC De Amstel	Sen	0:12:57	2:18:31	2:09:21	0:27:06	5:07:55	0:10:33
68	38	Neil Heffernan	Inverse Cyclaim RT	2Sen	0:13:23	2:17:57	2:08:36	0:27:59	5:07:55	0:10:33
69	98	Auke Broex	WTC De Amstel	Vet40	0:13:15	2:18:18	2:09:25	0:27:06	5:08:04	0:10:42
70	36	James Norris	High Wycombe CC	2Sen	0:13:13	2:17:57	2:09:31	0:27:24	5:08:05	0:10:43
71	35	Paul Mace	High Wycombe CC	2Sen	0:13:22	2:17:57	2:09:31	0:27:24	5:08:14	0:10:52
72	72	Adam Ellis	Spalding CC	2Vet40	0:13:35	2:18:20	2:10:28	0:27:56	5:10:19	0:12:57
73	13	Ross Clayton	Climb on Bikes RT	3Sen	0:12:58	2:30:57	2:03:47	0:25:35	5:13:17	0:15:55
74	7	Thomas Marshall	Adeo Cadence RT	2Sen	0:12:26	2:31:37	2:03:47	0:25:58	5:13:48	0:16:26
75	53	Dave McLoughlin	Orwell Wheelers CC	2Sen	0:13:16	2:18:53	2:14:19	0:28:35	5:15:03	0:17:41
76	95	Willard Gerritsen	WTC Amstel B	Vet40	0:13:24	2:26:12	2:09:25	0:28:55	5:17:56	0:20:34
77	78	Andy Wylde	St Ives CC A	3Vet40	0:14:10	2:18:42	2:15:45	0:30:54	5:19:31	0:22:09
78	99	Pierre Deen	WTC De Amstel	Vet40	0:12:49	2:31:01	2:09:19	0:27:06	5:20:15	0:22:53
79	77	Mark Thomson	St Ives CC A	2Sen	0:13:02	2:32:10	2:10:06	0:26:49	5:22:07	0:24:45
80	94	Jan Buisman	WTC Amstel B	Vet40	0:13:22	2:31:09	2:09:37	0:28:55	5:23:03	0:25:41
81	11	Matt Edwards	Bad Tri/Fred Baker Cycles	4Sen	0:13:12	2:31:09	2:09:49	0:29:36	5:23:46	0:26:24
82	88	George Pym	Team South West	2Jun	0:12:45	2:17:57	2:24:31	0:31:12	5:26:25	0:29:03
83	37	Nils Gustafsson	Inverse Cyclaim RT	3Sen	0:13:02	2:28:13	2:20:59	0:27:59	5:30:13	0:32:51
84	56	Brian McArdle	Orwell Wheelers CC	4Sen	0:13:35	2:34:23	2:14:19	0:28:35	5:30:52	0:33:30
85	68	Scott Leakey	Somerset Composite	3Sen	0:13:52	2:27:19	2:21:11	0:32:06	5:34:28	0:37:06
86	2	Lowri Bunn	Abergavenny RC	W2Sen	0:14:29	2:31:14	2:20:59	0:27:59	5:34:41	0:37:19
87	97	Pim Bonstra	WTC De Amstel	Vet40	0:13:58	2:31:45	2:21:23	0:28:18	5:35:24	0:38:02
88	57	James Lewis	Port Talbot Wheelers	2Sen	0:12:37	2:43:50	2:10:28	0:31:06	5:38:01	0:40:39
89	91	Nick Hinze	Team Zappi's	4Vet40	0:13:29	2:40:34	2:20:59	0:28:08	5:43:10	0:45:48
90	31	Jon-Allan Butterworth	GB Paralympic Team	3Sen	0:13:57	2:43:50	2:20:59	0:29:18	5:48:04	0:50:42
91	25	Jack Clark	Eastern Region	3Sen	0:14:07	2:35:18	2:28:19	0:31:35	5:49:19	0:51:57
92	96	Martjn Van Es	WTC Amstel B	Vet40	0:14:20	2:45:30	2:21:20	0:28:55	5:50:05	0:52:43
93	29	Darren Kenny	GB Paralympic Team	2Vet40	0:14:29	2:43:50	2:57:43	0:29:18	6:25:20	1:27:58

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94	30	Simon Price	GB Paralympic Team	3Vet40	0:15:22	2:43:50	2:57:43	0:29:18	6:26:13	1:28:51
	1	Richard Bowen	Abergavenny RC	3Sen	0:13:53	2:18:31	dnf	dns	dns	
	14	Thomas Walsh	Climb on Bikes RT	3Sen	0:13:13	2:18:20	dns	dns	dns	
	19	Rob Mould	Cwmcarn Paragon	3Sen	0:13:52	2:30:39	dnf	dns	dns	
	40	Mark Lawn	Inverse Cyclaim RT	3Vet40	0:14:25	2:45:57	dnf	dns	dns	
	47	Ben Jeeves	Midlands Composite	2Sen	0:13:33	2:23:50	dnf	dns	dns	
	50	Graham Howell	Ogmore Valley Wheelers	3Sen	0:13:03	2:20:26	2:28:19	DNS	DNS	
	52	Rob Powell	Ogmore Valley Wheelers	3Sen	0:13:04	2:31:53	dnf	dns	dns	
	55	Declan Quigley	Orwell Wheelers CC	3Vet40	0:14:37	dns	dns	dns	dns	