

Ras De Cymru Stage Race

GC After Stage 5

Position	Number	Name	Team / Club	Category	Stage 1 (h:mm:ss)	Stage 2 (h:mm:ss)	Stage 3 (h:mm:ss)	Stage 4 (h:mm:ss)	Stage 5 (h:mm:ss)	Overall Time (h:mm:ss)	Time Gap (h:mm:ss)
	101	Gruff Lewis	Team Wallis Composite	2Sen	0:12:09	2:15:49	2:03:47	0:26:23	2:06:19	7:04:27	
2	80	Michael Smith	Team Corley Cycles Composite	2Sen	0:11:50	2:17:40	2:03:43	0:25:38	2:06:03	7:04:54	0:00:27
3	60	Hefin Price	Port Talbot Wheelers	2Sen	0:12:34	2:16:16	2:03:47	0:26:15	2:06:35	7:05:27	0:01:00
4	18	Richard Harris	Cwmcarn Paragon	2Sen	0:12:33	2:15:54	2:03:47	0:26:54	2:06:20	7:05:28	0:01:01
5	69	Steve Calland	South Downs Bikes	2Sen	0:12:17	2:15:35	2:03:43	0:25:47	2:08:07	7:05:29	0:01:02
6	8	Tavis Walker	Adeo Cadence RT	1Sen	0:11:31	2:17:57	2:03:47	0:25:58	2:06:27	7:05:40	0:01:13
7	89	Brennan Townshend	Team South West	2Jun	0:12:02	2:17:46	2:03:43	0:26:16	2:06:12	7:05:59	0:01:32
8	87	Jamie Howard	Team South West	2Sen	0:12:09	2:15:40	2:03:47	0:26:16	2:08:17	7:06:09	0:01:42
9	82	Jack Waller	Team Corley Cycles Composite	2Sen	0:12:41	2:16:01	2:03:47	0:25:38	2:08:07	7:06:14	0:01:47
10	28	Alex Peters	Eastern Region	2Jun	0:12:23	2:17:40	2:02:15	0:25:57	2:08:07	7:06:22	0:01:55
11	81	Liam Stones	Team Corley Cycles Composite	2Sen	0:12:40	2:17:46	2:02:20	0:25:38	2:08:07	7:06:31	0:02:04
12	15	David Saunders	Climb on Bikes RT	2Sen	0:12:49	2:16:16	2:03:47	0:25:35	2:08:07	7:06:34	0:02:07
13	62	Drew Holmes	Progressive Cycle Coaching Development Squad	2Sen	0:13:03	2:17:40	2:03:43	0:25:50	2:06:22	7:06:38	0:02:11
14	26	Rhys Howells	Eastern Region	2Sen	0:12:28	2:17:46	2:02:25	0:25:57	2:08:07	7:06:43	0:02:16
15	5	James Cartridge	Adeo Cadence RT	2Sen	0:12:17	2:17:57	2:02:30	0:25:58	2:08:07	7:06:49	0:02:22
16	45	Tim Allen	Midlands Composite	2Sen	0:13:06	2:17:46	2:03:43	0:26:44	2:05:55	7:07:14	0:02:47
17	22	Adam French	East London Velo	2Sen	0:12:25	2:17:46	2:03:47	0:25:29	2:08:07	7:07:34	0:03:07
18	64	Matthew Pilkington	Progressive Cycle Coaching Development Squad	2Sen	0:12:21	2:17:44	2:03:47	0:25:50	2:07:55	7:07:37	0:03:10
19	24	Jack Steven	East London Velo	2Sen	0:12:23	2:17:55	2:03:47	0:25:29	2:08:07	7:07:41	0:03:14
19	67	Toby Eichler	Somerset Composite	1Sen	0:13:06	2:17:57	2:03:47	0:26:24	2:06:27	7:07:41	0:03:14
21	16	Rob Turner	Climb on Bikes RT	3Sen	0:12:58	2:17:46	2:03:43	0:25:35	2:08:07	7:08:09	0:03:42
22	59	Dan Pearson	Port Talbot Wheelers	2Jun	0:12:26	2:17:57	2:03:47	0:26:15	2:08:07	7:08:32	0:04:05
23	79	Simon Henley	Team Corley Cycles Composite	2Sen	0:13:05	2:17:57	2:03:47	0:25:38	2:08:07	7:08:34	0:04:07
23	61	Brock Duncumb Rogers	Progressive Cycle Coaching Development Squad	2Jun	0:12:52	2:17:57	2:03:47	0:25:51	2:08:07	7:08:34	0:04:07
25	65	James Dobbins	Somerset Composite	2Sen	0:12:35	2:17:57	2:03:43	0:26:24	2:08:07	7:08:46	0:04:19
26	63	Tom Laker	Progressive Cycle Coaching Development Squad	3Jun	0:13:10	2:17:57	2:03:47	0:25:50	2:08:07	7:08:51	0:04:24
27	32	David Griffiths	Team Wallis Composite	2Sen	0:12:48	2:17:57	2:03:47	0:26:23	2:08:06	7:09:01	0:04:34
28	41	Christopher Dick	London Phoenix	2Sen	0:12:44	2:17:57	2:03:47	0:26:32	2:08:07	7:09:07	0:04:40
29	10	Paul Derrick	Bad Tri/Fred Baker Cycles	2Sen	0:12:41	2:17:57	2:03:47	0:26:49	2:08:07	7:09:21	0:04:54
30	17	Darran Carpenter	Cwmcarn Paragon	2Sen	0:12:51	2:17:57	2:03:43	0:26:54	2:08:07	7:09:32	0:05:05
31	46	Carl Dyson	Midlands Composite	2Sen	0:13:02	2:17:57	2:03:47	0:26:44	2:08:04	7:09:34	0:05:07
32	9	Simon Dawe	Bad Tri/Fred Baker Cycles	3Sen	0:12:59	2:17:57	2:03:47	0:26:49	2:08:07	7:09:39	0:05:12
32	58	Rowan Marshall	Port Talbot Wheelers	3Sen	0:13:33	2:17:57	2:03:47	0:26:15	2:08:07	7:09:39	0:05:12
34	34	Adam Brittain	High Wycombe CC	2Sen	0:12:32	2:17:46	2:03:47	0:27:24	2:08:25	7:09:54	0:05:27
35	76	Paul Fielding	St Ives CC A	2Vet40	0:13:27	2:17:57	2:03:47	0:26:49	2:08:07	7:10:07	0:05:40
36	48	Will Jenkins	Midlands Composite	2Sen	0:13:13	2:18:20	2:03:47	0:26:44	2:08:17	7:10:21	0:05:54
36	75	Jamie Caldwell	St Ives CC A	2Sen	0:12:43	2:17:44	2:04:32	0:26:49	2:08:33	7:10:21	0:05:54
38	90	Mike Betts	Team Zappi's	3Sen	0:13:25	2:17:57	2:03:47	0:27:33	2:08:07	7:10:49	0:06:22
38	93	Henry Peacock	Team Zappi's	4Sen	0:13:00	2:17:57	2:04:00	0:27:33	2:08:19	7:10:49	0:06:22
40	3	Guy Stevens	Abergavenny RC	3Vet40	0:13:28	2:17:57	2:03:47	0:27:59	2:08:07	7:11:18	0:06:51
41	54	Patrick O'Brien	Orwell Wheelers CC	3Sen	0:13:18	2:17:57	2:03:47	0:28:35	2:08:07	7:11:44	0:07:17
42	43	Robert Moore	London Phoenix	2Sen	0:12:18	2:17:57	2:06:55	0:26:32	2:08:07	7:11:49	0:07:22
43	92	Henry Latimer	Team Zappi's	3Jun	0:12:54	2:17:57	2:05:12	0:27:33	2:08:23	7:11:59	0:07:32
44	86	Sebastian Baylis	Team South West	39234	0:12:45	2:17:57	2:07:59	0:26:16	2:08:07	7:13:04	0:08:37
45	27	Owen Lake	Eastern Region	2Sen	0:12:37	2:17:46	2:03:47	0:25:57	2:13:28	7:13:35	0:09:08
46	71	Simon McNamara	South Downs Bikes	2Sen	0:12:41	2:17:57	2:03:47	0:25:47	2:13:25	7:13:37	0:09:10
47	23	Gonzalo Rodriguez	East London Velo	3Vet40	0:12:46	2:17:57	2:09:25	0:25:29	2:08:07	7:13:44	0:09:17
48	44	David Murrell	London Phoenix	2Sen	0:12:27	2:17:57	2:03:47	0:26:32	2:13:21	7:14:04	0:09:37
49	12	John Russell	Bad Tri/Fred Baker Cycles	2Vet40	0:12:52	2:17:57	2:03:47	0:26:49	2:13:17	7:14:42	0:10:15
50	66	Robert Edgell	Somerset Composite	2Sen	0:13:04	2:18:16	2:03:47	0:26:24	2:13:28	7:14:59	0:10:32
51	84	Bevan Humphreys	Team Cyclemart	3Sen	0:13:07	2:17:46	2:03:43	0:27:18	2:13:21	7:15:15	0:10:48
52	102	Daniel Davies	Team Wallis Composite	2Sen	0:12:38	2:17:46	2:05:12	0:26:23	2:13:28	7:15:27	0:11:00

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53	39	Rob Sherwood	Inverse Cyclaim RT	3Sen	0:12:26	2:17:57	2:03:47	0:27:59	2:13:28	7:15:37	0:11:10
54	49	Jacob Clark	Ogmore Valley Wheelers	3Sen	0:12:42	2:18:16	2:03:47	0:28:00	2:13:28	7:16:13	0:11:46
55	74	Tom Neale	Spalding CC	2Jun	0:13:30	2:17:57	2:03:47	0:27:56	2:13:21	7:16:31	0:12:04
56	33	Neil Baxter	High Wycombe CC	3Vet40	0:12:57	2:17:57	2:05:12	0:27:24	2:13:36	7:17:06	0:12:39
57	51	Robert Jones	Ogmore Valley Wheelers	2Sen	0:13:00	2:17:57	2:05:12	0:28:00	2:13:17	7:17:26	0:12:59
58	42	James Wallace	London Phoenix	2Vet40	0:13:04	2:17:57	2:05:12	0:27:54	2:13:21	7:17:28	0:13:01
59	4	Tom Sturdy	Abergavenny RC	4Sen	0:13:14	2:18:31	2:05:12	0:27:59	2:13:21	7:18:17	0:13:50
60	73	James Hedley-Smith	Spalding CC	4Sen	0:13:29	2:18:16	2:05:12	0:27:56	2:13:28	7:18:21	0:13:54
61	21	David Barnes	East London Velo	1Sen	0:12:37	2:17:57	2:08:51	0:25:29	2:13:28	7:18:22	0:13:55
62	83	Justin Harcourt	Team Cyclemart	2Sen	0:13:05	2:17:57	2:07:45	0:27:18	2:13:25	7:19:30	0:15:03
63	7	Thomas Marshall	Adeo Cadence RT	2Sen	0:12:26	2:31:37	2:03:47	0:25:58	2:06:37	7:20:25	0:15:58
64	100	Joos Francke	WTC De Amstel	Sen	0:12:57	2:18:31	2:09:21	0:27:06	2:13:21	7:21:16	0:16:49
64	38	Neil Heffernan	Inverse Cyclaim RT	2Sen	0:13:23	2:17:57	2:08:36	0:27:59	2:13:21	7:21:16	0:16:49
66	13	Ross Clayton	Climb on Bikes RT	3Sen	0:12:58	2:30:57	2:03:47	0:25:35	2:08:07	7:21:24	0:16:57
67	98	Auke Broex	WTC De Amstel	Vet40	0:13:15	2:18:18	2:09:25	0:27:06	2:13:21	7:21:25	0:16:58
68	35	Paul Mace	High Wycombe CC	2Sen	0:13:22	2:17:57	2:09:31	0:27:24	2:13:28	7:21:42	0:17:15
69	53	Dave McLoughlin	Orwell Wheelers CC	2Sen	0:13:16	2:18:53	2:14:19	0:28:35	2:13:33	7:28:36	0:24:09
70	70	Marc Clothier	South Downs Bikes	2Sen	0:13:02	2:17:57	2:05:32	0:25:47	2:26:24	7:28:42	0:24:15
71	85	James Shaw	Team Cyclemart	3Sen	0:13:05	2:17:57	2:03:47	0:27:18	2:26:50	7:28:57	0:24:30
72	99	Pierre Deen	WTC De Amstel	Vet40	0:12:49	2:31:01	2:09:19	0:27:06	2:13:25	7:33:40	0:29:13
73	88	George Pym	Team South West	2Jun	0:12:45	2:17:57	2:24:31	0:31:12	2:08:19	7:34:44	0:30:17
74	72	Adam Ellis	Spalding CC	2Vet40	0:13:35	2:18:20	2:10:28	0:27:56	2:25:09	7:35:28	0:31:01
75	77	Mark Thomson	St Ives CC A	2Sen	0:13:02	2:32:10	2:10:06	0:26:49	2:13:28	7:35:35	0:31:08
76	6	Karl Hine	Adeo Cadence RT	2Sen	0:12:59	2:17:57	2:05:12	0:27:11	2:36:54	7:40:13	0:35:46
77	95	Willard Gerritsen	WTC Amstel B	Vet40	0:13:24	2:26:12	2:09:25	0:28:55	2:23:30	7:41:26	0:36:59
78	56	Brian McArdle	Orwell Wheelers CC	4Sen	0:13:35	2:34:23	2:14:19	0:28:35	2:13:28	7:44:20	0:39:53
79	78	Andy Wylde	St Ives CC A	3Vet40	0:14:10	2:18:42	2:15:45	0:30:54	2:26:32	7:46:03	0:41:36
80	94	Jan Buisman	WTC Amstel B	Vet40	0:13:22	2:31:09	2:09:37	0:28:55	2:23:34	7:46:37	0:42:10
81	11	Matt Edwards	Bad Tri/Fred Baker Cycles	4Sen	0:13:12	2:31:09	2:09:49	0:29:36	2:23:42	7:47:28	0:43:01
82	91	Nick Hinze	Team Zappi's	4Vet40	0:13:29	2:40:34	2:20:59	0:28:08	2:26:24	8:09:34	1:05:07
83	2	Lowri Bunn	Abergavenny RC	W2Sen	0:14:29	2:31:14	2:20:59	0:27:59	2:36:30	8:11:11	1:06:44
84	68	Scott Leakey	Somerset Composite	3Sen	0:13:52	2:27:19	2:21:11	0:32:06	2:37:30	8:11:58	1:07:31
85	97	Pim Bonstra	WTC De Amstel	Vet40	0:13:58	2:31:45	2:21:23	0:28:18	2:36:58	8:12:22	1:07:55
86	57	James Lewis	Port Talbot Wheelers	2Sen	0:12:37	2:43:50	2:10:28	0:31:06	2:37:13	8:15:14	1:10:47
87	25	Jack Clark	Eastern Region	3Sen	0:14:07	2:35:18	2:28:19	0:31:35	2:26:32	8:15:51	1:11:24
88	31	Jon-Allan Butterworth	GB Paralympic Team	3Sen	0:13:57	2:43:50	2:20:59	0:29:18	2:36:46	8:24:50	1:20:23
89	96	Martijn Van Es	WTC Amstel B	Vet40	0:14:20	2:45:30	2:21:20	0:28:55	2:36:46	8:26:51	1:22:24
90	29	Darren Kenny	GB Paralympic Team	2Vet40	0:14:29	2:43:50	2:57:43	0:29:18	2:36:30	9:01:50	1:57:23
91	30	Simon Price	GB Paralympic Team	3Vet40	0:15:22	2:43:50	2:57:43	0:29:18	2:37:13	9:03:26	1:58:59
	36	James Norris	High Wycombe CC	2Sen	0:13:13	2:17:57	2:09:31	0:27:24	dnf	dnf	
	37	Nils Gustafsson	Inverse Cyclaim RT	3Sen	0:13:02	2:28:13	2:20:59	0:27:59	dnf	dnf	
	1	Richard Bowen	Abergavenny RC	3Sen	0:13:53	2:18:31	dnf	dns	dns	dns	
	14	Thomas Walsh	Climb on Bikes RT	3Sen	0:13:13	2:18:20	dnf	dns	dns	dns	
	19	Rob Mould	Cwmcam Paragon	3Sen	0:13:52	2:30:39	dnf	dns	dns	dns	
	20	Joe Lally	Cwmcam Paragon	2Sen	0:13:13	2:17:57	2:03:47	0:26:54	dns	dns	
	40	Mark Lawn	Inverse Cyclaim RT	3Vet40	0:14:25	2:45:57	dnf	dns	dns	dns	
	47	Ben Jeeves	Midlands Composite	2Sen	0:13:33	2:23:50	dnf	dns	dns	dns	
	50	Graham Howell	Ogmore Valley Wheelers	3Sen	0:13:03	2:20:26	2:28:19	DNS	DNS	DNS	
	52	Rob Powell	Ogmore Valley Wheelers	3Sen	0:13:04	2:31:53	dnf	dns	dns	dns	
	55	Declan Quigley	Orwell Wheelers CC	3Vet40	0:14:37	dns	dns	dns	dns	dns	