

# Ras De Cymru Stage Race

# GC After Stage 5

Position	Number	Name	Team / Club	Category	Stage 1 (h:mm:ss)	Stage 2 (h:mm:ss)	Stage 3 (h:mm:ss)	Stage 4 (h:mm:ss)	Stage 5 (h:mm:ss)	Overall Time (h:mm:ss)	Time Gap (h:mm:ss)
1	70	Mike Smith	Team Corley Cycles	2	0:11:01	2:28:40	0:29:27	2:22:35	2:02:15	<b>7:33:58</b>	
2	107	James Cartridge	Team Isle of Man A	3	0:11:38	2:28:40	0:28:36	2:22:56	2:02:15	<b>7:34:05</b>	<b>0:00:07</b>
3	102	Tavis Walker	Moonglu RT	3	0:10:52	2:28:40	0:29:44	2:22:53	2:02:19	<b>7:34:28</b>	<b>0:00:30</b>
4	66	Basil Moss	Cambridge CC	2	0:11:12	2:28:13	0:30:01	2:22:56	2:02:15	<b>7:34:37</b>	<b>0:00:39</b>
5	83	Marcus Brueton	Norwood Paragon	2	0:11:26	2:28:40	0:29:39	2:22:53	2:02:15	<b>7:34:53</b>	<b>0:00:55</b>
6	86	Tim Carter	Virgin Active	2V	0:11:23	2:28:40	0:29:43	2:22:56	2:02:22	<b>7:35:04</b>	<b>0:01:06</b>
7	45	Adam Cairns	Chevin Bang & Olufsen RRT	2	0:11:29	2:28:40	0:30:05	2:22:53	2:02:15	<b>7:35:22</b>	<b>0:01:24</b>
8	95	Ben Simmons	Wiggle Ltd	2	0:11:33	2:28:40	0:31:05	2:22:40	2:02:15	<b>7:36:13</b>	<b>0:02:15</b>
9	74	Richard Harris	Cwmcarn Paragon RC	2	0:11:25	2:28:40	0:28:58	2:27:40	2:00:45	<b>7:37:28</b>	<b>0:03:30</b>
10	50	Jamie Caldwell	St Ives CC	2	0:11:26	2:28:40	0:29:07	2:27:40	2:00:48	<b>7:37:41</b>	<b>0:03:43</b>
11	10	Tim Rose	Abergavenny RC	2	0:11:14	2:28:40	0:29:54	2:27:40	2:00:18	<b>7:37:46</b>	<b>0:03:48</b>
12	81	Colum O'Shea	Team Isle of Man A	3	0:10:53	2:28:18	0:28:36	2:27:40	2:02:23	<b>7:37:50</b>	<b>0:03:52</b>
13	27	Murdo Jamieson	Ystwyth CC	2	0:11:45	2:28:40	0:28:56	2:27:40	2:00:50	<b>7:37:51</b>	<b>0:03:53</b>
14	71	Jake Hales	Team Corley Cycles	2	0:11:44	2:28:40	0:29:27	2:27:40	2:00:23	<b>7:37:54</b>	<b>0:03:56</b>
15	60	Mike Auger	VC Norwich	2	0:11:32	2:28:40	0:29:36	2:27:40	2:00:37	<b>7:38:05</b>	<b>0:04:07</b>
16	103	David Crowley	Bad Ass Bikes - Kenda	2	0:11:54	2:28:40	0:29:37	2:27:40	2:00:42	<b>7:38:33</b>	<b>0:04:35</b>
17	40	Matthew Pilkington	Sprackled	3	0:11:20	2:28:40	0:28:47	2:27:40	2:02:15	<b>7:38:42</b>	<b>0:04:44</b>
18	26	Gruffudd Lewis	Ystwyth CC	2	0:11:19	2:28:40	0:28:56	2:27:40	2:02:15	<b>7:38:50</b>	<b>0:04:52</b>
19	25	Jade Wilmot	Ystwyth CC	3	0:11:25	2:28:40	0:28:56	2:27:40	2:02:15	<b>7:38:56</b>	<b>0:04:58</b>
20	42	Matthew Theobalds	Sprackled	3	0:11:43	2:28:40	0:28:47	2:27:40	2:02:15	<b>7:39:05</b>	<b>0:05:07</b>
21	75	Hefin Price	Cwmcarn Paragon RC	2	0:11:32	2:28:40	0:28:58	2:27:40	2:02:24	<b>7:39:14</b>	<b>0:05:16</b>
22	52	Mark Thomson	St Ives CC	2	0:11:32	2:28:40	0:29:07	2:27:40	2:02:23	<b>7:39:22</b>	<b>0:05:24</b>
23	99	Tom Kirk	Team Zappi	2	0:11:47	2:28:40	0:29:12	2:27:40	2:02:15	<b>7:39:34</b>	<b>0:05:36</b>
24	57	Simon Asher	VC Norwich	2	0:11:26	2:28:40	0:29:36	2:27:40	2:02:15	<b>7:39:37</b>	<b>0:05:39</b>
25	2	Ian Mitchelson	Moonglu RT	3	0:11:25	2:28:40	0:29:44	2:27:40	2:02:22	<b>7:39:51</b>	<b>0:05:53</b>
26	13	Tom Crouch	High Wycombe CC	2	0:11:39	2:28:40	0:29:40	2:27:40	2:02:15	<b>7:39:54</b>	<b>0:05:56</b>
27	108	Dan Sullivan	Norwood Paragon	0	0:11:46	2:28:40	0:29:39	2:27:40	2:02:15	<b>7:40:00</b>	<b>0:06:02</b>
28	36	Luke Wallis	Kingston Wheelers	2	0:11:31	2:28:40	0:29:55	2:27:40	2:02:15	<b>7:40:01</b>	<b>0:06:03</b>
29	68	Simon Henley	Team Corley Cycles	2	0:12:05	2:28:40	0:29:27	2:27:40	2:02:15	<b>7:40:07</b>	<b>0:06:09</b>
30	39	Damien Breen	Kingston Wheelers	3	0:11:42	2:28:40	0:29:55	2:27:40	2:02:15	<b>7:40:12</b>	<b>0:06:14</b>
31	20	Ryan Bevis	Bad Ass Bikes - Kenda	3	0:11:58	2:28:40	0:29:37	2:27:40	2:02:20	<b>7:40:15</b>	<b>0:06:17</b>
32	22	Barry Marples	Bad Ass Bikes - Kenda	3	0:12:14	2:28:40	0:29:37	2:27:40	2:02:15	<b>7:40:26</b>	<b>0:06:28</b>
33	9	John Fitzpatrick	Abergavenny RC	2	0:11:50	2:28:40	0:29:54	2:27:40	2:02:23	<b>7:40:27</b>	<b>0:06:29</b>
34	65	Thomas Vickery	Cambridge CC	4	0:11:47	2:28:40	0:30:01	2:27:40	2:02:28	<b>7:40:36</b>	<b>0:06:38</b>
35	93	Dan Ahearn	DHCyclesport/Colnago	2	0:11:43	2:28:40	0:30:04	2:27:40	2:02:42	<b>7:40:49</b>	<b>0:06:51</b>
36	104	Callum Sewell	Chevin Bang & Olufsen RRT	2	0:11:43	2:28:40	0:30:05	2:27:40	2:02:55	<b>7:41:03</b>	<b>0:07:05</b>
37	18	Steve Davies	Revo Racing	3V	0:12:05	2:28:40	0:30:13	2:27:40	2:02:26	<b>7:41:04</b>	<b>0:07:06</b>
38	19	Mark Davies	Revo Racing	3	0:12:42	2:31:37	0:30:13	2:27:40	2:02:28	<b>7:44:40</b>	<b>0:10:42</b>
39	43	Martin Attwood	Sprackled	2	0:11:19	2:28:40	0:28:47	2:27:40	2:08:20	<b>7:44:46</b>	<b>0:10:48</b>
40	51	Lee Desborough	St Ives CC	2V	0:11:22	2:28:40	0:29:07	2:27:40	2:08:18	<b>7:45:07</b>	<b>0:11:09</b>
41	14	Clive Nicholls	High Wycombe CC	2	0:10:44	2:28:40	0:29:40	2:27:40	2:08:29	<b>7:45:13</b>	<b>0:11:15</b>
42	69	Jack Waller	Team Corley Cycles	2J	0:11:25	2:28:40	0:29:27	2:27:40	2:08:20	<b>7:45:32</b>	<b>0:11:34</b>
43	91	Andrew Bryson	DHCyclesport/Colnago	2	0:11:48	2:33:41	0:30:04	2:27:40	2:02:22	<b>7:45:35</b>	<b>0:11:37</b>
44	100	Simon James	Team Zappi	4	0:11:27	2:29:00	0:29:12	2:33:33	2:02:28	<b>7:45:40</b>	<b>0:11:42</b>
45	41	Samuel Jackson	Sprackled	3	0:11:19	2:28:40	0:28:47	2:27:40	2:09:26	<b>7:45:52</b>	<b>0:11:54</b>
46	6	John Russell	Bad-Tri/Fredbaker cycles	2V	0:11:21	2:28:40	0:30:16	2:27:40	2:08:20	<b>7:46:17</b>	<b>0:12:19</b>
47	87	Will Hilton	Virgin Active	2	0:11:47	2:28:40	0:29:43	2:27:40	2:08:29	<b>7:46:19</b>	<b>0:12:21</b>
48	53	Malcolm Smith	St Ives CC	2V	0:11:28	2:28:40	0:29:07	2:27:40	2:09:26	<b>7:46:21</b>	<b>0:12:23</b>
49	23	Joe Lally	Bad Ass Bikes - Kenda	3	0:12:04	2:28:40	0:29:37	2:27:40	2:08:29	<b>7:46:30</b>	<b>0:12:32</b>
50	101	Michael Dales	Team Zappi	2	0:11:23	2:28:40	0:29:12	2:27:40	2:09:39	<b>7:46:34</b>	<b>0:12:36</b>
51	11	Guy Stevens	Abergavenny RC	3V	0:12:03	2:28:40	0:29:54	2:27:40	2:08:20	<b>7:46:37</b>	<b>0:12:39</b>



## Ras De Cymru Stage Race

## GC After Stage 5

52	29	Will Kemp	OneLife Development Squad	2	0:11:31	2:28:40	0:30:28	2:27:40	2:08:20	<b>7:46:39</b>	<b>0:12:41</b>
53	106	Christian Varley	Team Isle of Man A	3	0:11:45	2:28:40	0:28:36	2:34:45	2:02:55	<b>7:46:41</b>	<b>0:12:43</b>
54	17	Adam Bright	Revo Racing	2	0:10:53	2:28:40	0:30:13	2:27:40	2:09:39	<b>7:47:05</b>	<b>0:13:07</b>
54	110	Justin Harcourt	Spirit Racing	3	0:12:06	2:28:40	0:30:19	2:27:40	2:08:20	<b>7:47:05</b>	<b>0:13:07</b>
56	37	Jim Ley	Kingston Wheelers	3	0:11:25	2:28:40	0:29:55	2:27:40	2:09:31	<b>7:47:11</b>	<b>0:13:13</b>
57	47	Michael Knight	Chevin Bang & Olufsen RRT	J	0:12:25	2:28:40	0:30:05	2:33:46	2:02:23	<b>7:47:19</b>	<b>0:13:21</b>
58	34	Tom Neale	Inverse Racing UK	2J	0:12:26	2:28:40	0:30:39	2:27:40	2:08:18	<b>7:47:43</b>	<b>0:13:45</b>
59	89	Campbell Noon	Virgin Active	2V	0:11:22	2:28:40	0:30:33	2:27:40	2:09:31	<b>7:47:46</b>	<b>0:13:48</b>
60	56	Neil Baxter	Endure, Thule, 24/7, MI racing	3	0:12:10	2:28:40	0:31:29	2:27:40	2:08:20	<b>7:48:19</b>	<b>0:14:21</b>
61	55	Paul Mace	Endure, Thule, 24/7, MI racing	2	0:12:20	2:28:40	0:31:29	2:27:40	2:08:20	<b>7:48:29</b>	<b>0:14:31</b>
62	82	Simon Coles	Norwood Paragon	2	0:11:27	2:45:38	0:29:39	2:22:45	2:00:30	<b>7:49:59</b>	<b>0:16:01</b>
63	76	Richard Raymond	Cwmcam Paragon RC	3	0:11:22	2:28:40	0:30:03	2:35:22	2:08:20	<b>7:53:47</b>	<b>0:19:49</b>
64	67	Tim Williams	Cambridge CC	3	0:12:03	2:28:40	0:31:13	2:33:39	2:08:20	<b>7:53:55</b>	<b>0:19:57</b>
65	109	James Lewis	Cwmcam Paragon RC	2	0:11:37	2:28:35	0:28:58	2:35:22	2:09:54	<b>7:54:26</b>	<b>0:20:28</b>
66	98	James Shaw	Team Zappi	2	0:12:26	2:28:40	0:29:13	2:35:22	2:09:40	<b>7:55:21</b>	<b>0:21:23</b>
67	4	Ernest Dennis	Bad-Tri/Fredbaker cycles	3V	0:11:57	2:28:40	0:30:16	2:35:22	2:09:31	<b>7:55:46</b>	<b>0:21:48</b>
68	88	Ian Holmes	Virgin Active	3V	0:11:54	2:29:50	0:29:43	2:35:22	2:09:31	<b>7:56:20</b>	<b>0:22:22</b>
69	49	Freddie Clark	Spirit Racing	2	0:12:38	2:29:50	0:30:19	2:34:40	2:09:39	<b>7:57:06</b>	<b>0:23:08</b>
70	48	Sam Lawson	Spirit Racing	2	0:11:40	2:31:02	0:30:19	2:35:22	2:09:31	<b>7:57:54</b>	<b>0:23:56</b>
71	8	Richard Bowen	Abergavenny RC	3	0:11:54	2:28:40	0:29:54	2:27:40	2:21:36	<b>7:59:44</b>	<b>0:25:46</b>
72	30	Brock Duncumb Rogers	OneLife Development Squad	2J	0:12:23	2:31:57	0:30:28	2:35:22	2:09:40	<b>7:59:50</b>	<b>0:25:52</b>
73	32	Jason Evans	Inverse Racing UK	3	0:11:56	2:39:28	0:30:39	2:30:07	2:08:34	<b>8:00:44</b>	<b>0:26:46</b>
74	64	Eric Gowland	Cambridge CC	2	0:12:13	2:45:38	0:30:01	2:27:40	2:09:24	<b>8:04:56</b>	<b>0:30:58</b>
75	105	Christiaan Smith	Spirit Racing	3	0:11:53	2:53:46	0:30:19	2:27:40	2:02:15	<b>8:05:53</b>	<b>0:31:55</b>
76	15	James Norris	High Wycombe CC	3	0:12:10	2:28:40	0:29:40	2:35:22	2:21:16	<b>8:07:08</b>	<b>0:33:10</b>
77	5	Paul Derrick	Bad-Tri/Fredbaker cycles	3	0:11:58	2:28:40	0:30:16	2:34:40	2:21:36	<b>8:07:10</b>	<b>0:33:12</b>
78	33	Nils Gustafson	Inverse Racing UK	3	0:12:03	2:28:40	0:30:39	2:34:45	2:21:36	<b>8:07:43</b>	<b>0:33:45</b>
79	92	Tim Benham	DHCyclesport/Colnago	2V	0:11:57	2:28:40	0:30:57	2:35:22	2:21:36	<b>8:08:32</b>	<b>0:34:34</b>
80	61	Stefan Pantos	Bedfordshire Road Cycling Club	3	0:12:25	2:44:41	0:32:56	2:30:35	2:09:50	<b>8:10:27</b>	<b>0:36:29</b>
81	28	Jake Martin	OneLife Development Squad	2J	0:11:06	2:44:41	0:36:38	2:30:01	2:09:21	<b>8:11:47</b>	<b>0:37:49</b>
82	84	Paul McGuigan	Norwood Paragon	3	0:11:59	2:51:00	0:32:44	2:27:40	2:09:40	<b>8:13:03</b>	<b>0:39:05</b>
83	96	Jon Cannings	Wiggle Ltd	2	0:11:46	2:33:41	0:31:05	2:35:22	2:21:36	<b>8:13:30</b>	<b>0:39:32</b>
84	1	Chris Dransfield	Moonglu RT	3	0:12:19	2:57:23	0:29:44	2:35:22	2:21:36	<b>8:36:24</b>	<b>1:02:26</b>
85	59	Neil Vaughan	VC Norwich	3V	0:11:44	2:45:38	0:29:36	2:43:26	2:26:29	<b>8:36:53</b>	<b>1:02:55</b>
86	44	Ben Goddard	Chevin Bang & Olufsen RRT	2	0:13:38	2:45:38	0:33:08	2:43:46	2:21:36	<b>8:37:46</b>	<b>1:03:48</b>
87	38	Maryka Sennema	Kingston Wheelers	2W	0:12:28	2:51:00	0:30:51	2:43:26	2:21:45	<b>8:39:30</b>	<b>1:05:32</b>
88	62	Paul Ambrose	Bedfordshire Road Cycling Club	4	0:12:21	2:53:46	0:32:56	2:43:49	2:26:29	<b>8:49:21</b>	<b>1:15:23</b>
89	16	Daniel Haydon	Revo Racing	4	0:12:53	2:56:13	0:31:29	2:53:28	2:35:47	<b>9:09:50</b>	<b>1:35:52</b>
90	94	Richard Pearman	Wiggle Ltd	2	0:12:48	2:56:13	0:33:04	2:53:28	2:35:29	<b>9:11:02</b>	<b>1:37:04</b>
31		Charlie Fawke	OneLife Development Squad	3J	0:12:20	2:34:13	0:30:28	2:27:40	dnf	<b>dnf</b>	
35		David Evans	Inverse Racing UK	3	0:12:10	2:46:38	0:30:42	2:35:22	dnf	<b>dnf</b>	
7		Brian Wilson	Bad-Tri/Fredbaker cycles	2	0:12:02	2:29:14	0:31:58	3:09:16	dns	<b>dns</b>	
12		Gareth Batson	High Wycombe CC	3	0:12:18	2:55:28	0:44:25	dnf	dns	<b>dns</b>	
24		Daniel Thorogood	Ystwyth CC	4V	0:11:37	2:28:40	dns	dns	dns	<b>dns</b>	
54		Pete Smith	Endure, Thule, 24/7, MI racing	2V	0:12:01	2:39:28	0:31:29	dnf	dns	<b>dns</b>	
58		Stuart Goodwin	VC Norwich	4	0:12:16	2:45:38	0:34:41	dnf	dns	<b>dns</b>	
63		Andrew Paisley	Bedfordshire Road Cycling Club	3	0:12:04	2:56:41	dns	dns	dns	<b>dns</b>	
78		Tom Black	Team Isle of Man A	2	0:11:03	2:28:40	dns	dns	dns	<b>dns</b>	
90		Philip Peters	DHCyclesport/Colnago	2	0:11:48	2:28:40	0:30:04	2:27:40	dns	<b>dns</b>	
97		Peter Kitching	Wiggle Ltd	2	0:12:03	2:29:50	0:31:05	dnf	dns	<b>dns</b>	